

After Your Procedure



access | closure

Although the Mynx Vascular Closure Device immediately seals the puncture site after your catheterization procedure, your artery still needs time to heal. Even if you do not feel any pain or discomfort during your first few days home following your procedure, take time to rest and allow the natural healing process to occur.

Here are some general post-procedure discharge guidelines. Please talk to your doctor about any limitations in your activities following your procedure.

Taking Care of Your Puncture Site

- Re-apply a clean, dry band-aid every day for five days or until a scab has formed at the site. Change the band-aid as needed.
- Keep the site clean and dry.
- You may shower 24 hours after the procedure, but do not bathe or use a pool until the wound has completely closed.
- Gently clean your puncture site with soap and warm water.
- After showering, gently pat-dry the site with a clean towel; then let the site air-dry before covering with a band-aid.
- Limit tight fitting clothes or underwear that may irritate the puncture site until the site has healed.

Day of Discharge

- NO driving.

Modify Activity for 3-5 Days

- Talk to your doctor about returning back to work, which depends on your type of work, your procedure and any medication you might be taking.
- NO heavy lifting of anything over 5 pounds (equivalent to a 1/2 gallon of milk).
- NO pushing or pulling.
- NO vigorous activity or straining.
 - Avoid stairs unless necessary: if necessary, take them slowly.
 - Coughing, sneezing, or straining for a bowel movement: support your groin by pressing with your palm on top of the dressing/ bandage.
 - Sexual activity: check with your doctor.
- NO strenuous exercise.
- Avoid driving unless necessary.

Mynx Discharge Information

Please talk to your doctor if you have any questions about your post-procedure discharge guidelines.

Normal Observations

- A small lump and/or mild tenderness in your groin area.
- Some bruising or discomfort.

Contact your doctor immediately if you experience any of the following signs and/or symptoms:

- Persistent tenderness or swelling at the puncture site
- Significant pain at the puncture site or leg
- Bleeding/oozing at the puncture site
- Increasing redness, warmth, bruising or swelling at the puncture site
- Numbness or tingling in the leg
- Drainage from the puncture site
- Non-healing wound
- Fever or chills
- Any other unusual symptoms



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